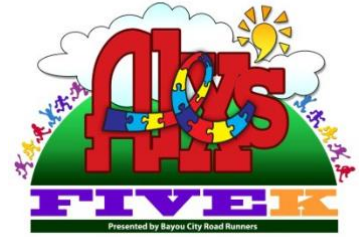


Race Day Schedule & Information



Race Day Schedule

6:30 AM to 7:45 AM: Race Day Registration/Package Pickup
8:00 AM: Kids' K Start
8:20 AM: Handcycle/Pushrim 5K Start
8:30 AM: Run/Walk Race Start.
8:45 AM: Post Race Party to follow the race.

For the safety of the runners, no pets please.

Location & Parking Directions

Location: MacGregor Park; [5225 Calhoun Rd, Houston](#), TX 77021.

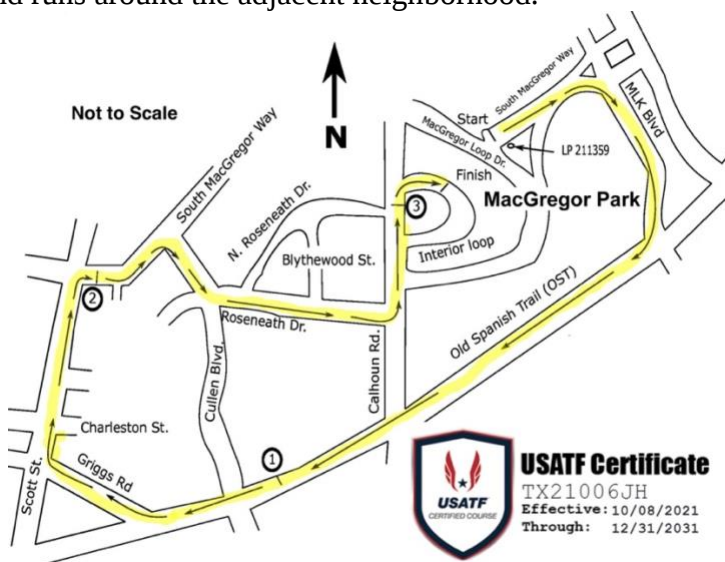
Parking:

- **On race day do not use MacGregor Way since it will be closed at Cullen for construction.** Use Old Spanish Trail (OST) from Highway 288 or Interstate Highway 45. Take Martin Luther King Jr. Drive and use the entrance onto S. MacGregor Way on the east side of the park.
- Limited open parking is along S. MacGregor Way and MacGregor Loop Drive in the park.
- For the safety of our participants, **only** official race vehicles (permit required) will be allowed to enter MacGregor Park from Calhoun after 6:30 am, and no vehicles will be allowed in or out of this parking area after 8:00 am and until all runners are off the course and the roads are reopened by security and race officials.
- Overflow parking is available in the neighborhood west of MacGregor Park by entering the neighborhood from Old Spanish Trail at Blythewood. There are some "No Parking" areas in this neighborhood. Please respect all "No Parking" zones. **NO PARKING ON Roseneath Drive as this is on the course.**



Course

NEW COURSE THIS YEAR: Due to construction on the Calhoun Bridge, we will be using an all new USATF Certified 5K ([TX21006JH](#)) course. The fast and flat course starts and ends in MacGregor Park and runs around the adjacent neighborhood.



Water will be provided along the course, as well as at the start and finish areas.

Awards

- Alex's 5K Awards will be presented to the Overall Male & Female and 1st Place Masters Male & Female. **In addition to a custom-made award tile, each winner will receive \$100 CASH!**
- Age Division prizes will be awarded to 1st through 3rd place Male & Female finishers in the following categories: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and Older. Top finishers in handcycle and pushrim category will also receive awards.

RRCA Texas State 5K Championship Awards

Road Runners Club of America (RRCA) Texas State Championship Awards will be given to top performing runners in the open, masters (40+), grand masters (50+), senior grand masters (60+), and pushrim categories for both men and women. **NEW: 70+ category!**

All awards based on chip time.

Post Race Party

Due to COVID precautions the post-race party will look a little different this year. We encourage social distancing and mask-wearing if you are not vaccinated. We will have food, including Taco Cabana breakfast tacos, fruit (and cupcakes for the kids). We will have beverages, including Rise Brewing Co. cold coffee and Saint Arnold's beer. Kids' K participants will each receive a special goody bag. Our traditional egg hunt and other kids' activities that do not allow for social distancing will be on hiatus for a year. Your safety is important to us!